



Wednesday 10th February 2010

Dear East Midlands Gymnastic Club

RE: East Midlands Regional Club Conference

On behalf of Gymnastics England and the East Midlands Gymnastics Association, I would like to invite you to attend the first East Midlands Regional Club Conference, which is taking place on **Saturday 27th March 2010** at **Burleigh Court, Village Park, Loughborough University, Loughborough, LE11 3GR** from **10.00am till 5.30pm**.

The conference is an excellent opportunity for you and other members from your club to attend some inspirational and beneficial workshops, to speak with members of the Regional Committee and the Gymnastics England Regional Team. You will also have the opportunity to socialise and share good practice with individuals from clubs throughout the region. Please see the attached Conference Timetable for further details.

I am also pleased to announce that the East Midlands Regional Awards will also be taking place from 7.00pm on Saturday 27th March 2010. For further details of the Awards and to nominate individuals please go to: www.emgymnastics.org.uk. The Regional Awards is a unique opportunity to recognise and reward the great work of the East Midlands workforce.

The pricing structure for the Regional Conference is as follows:

East Midlands Regional Conference Place: £30.00 per person

**East Midlands Regional Conference Place and
A place at the Regional Awards including a
Three Course Formal Dinner: £50.00 per person**

**Please note that all bookings are on a first come first serve basis, the deadline for all
Bookings is Friday 5th March 2010**

All bookings must be accompanied by a Booking Form and a cheque made payable to 'EMGA'

If you have any questions regarding the Regional Conference then please do not hesitate to contact me on either samantha.harding@gymnasticsengland.org or 07739 990210.

Yours sincerely

Samantha Harding
Regional Development Officer – East Midlands (Maternity Cover)
Gymnastics England



East Midlands Regional Club Conference
Saturday 27th March 2010



Conference Programme

10.00am – 10.30am	Arrival and Registration
10.30am – 10.45am	Welcome
10.45am – 12.00pm	Discussion Groups
12.00pm – 12.45pm	Lunch
12.45pm – 1.45pm	Workshop 2 - Theory
1.45pm – 2.45pm	Workshop 3 - Theory
2.45pm – 3.00pm	Refreshments
3.00pm – 4.00pm	Workshop 4 - Practical
4.00pm – 5.00pm	Workshop 5 - Practical
5.00pm – 5.30pm	Close
7.00pm	Drinks Reception
7.30pm	Sit Down for Dinner
11.00pm	Awards Close

Included in the Conference Cost is:

- Unlimited Tea and Coffee throughout the Conference
- Three course Hot and Cold Carvery Luncheon

East Midlands Regional Club Conference
Saturday 27th March 2010

Workshop Details

10.45am – 12.00pm – **Workshop 1 – Discussion Groups** (1 hour 15 mins)

Brief Workshop Details

Group 1 – The Benefits of Satellite Clubs

Group 2 – The Development of 16+ Gymnastics

Group 3 – Recruiting and Retaining Volunteers and
Young Leaders

Group 4 – 1st For Sport and UKCC Update

Group 5 – Development of Clubs for the Future

12.45pm – 1.45pm – **Workshop 2 – Funding/Grant Applications** (1 hour)

Brief Workshop Details

Tips for Success when Applying For Funding

Large and Small Funding Pots

New build Funding Pots

How to Complete a Small Grants application

1.45pm – 2.45pm – **Workshop 3 – Clubs of the Future** (1 hour)

Brief Workshop Details

What does the Club of Future look like?

Strong Committees – Ideal committee roles

Recruitment and Retention of Volunteers

GymMark

Business Planning

3.00pm – 4.00pm – **Workshop 4 – Practical Session** (1 hour)

Brief Workshop Details

Fun Ways for Strength and Conditioning

Cheerleading Workshop

4.00pm – 5.00pm – **Workshop 5 – Practical Session** (1 hour)

Brief Workshop Details

Chorography Workshop (30mins)

Tumbling Workshop (30mins)