

East Midlands Open Age Group Championships 2012

Level 2 – 12 years plus

Difficulty Value A = 0.10 B = 0.20 C = 0.30 D = 0.40 E = 0.50 F = 0.60 G = 0.70	Elements will be given Difficulty Value according to FIG Cycle 12 Code of Points (2009). FIG Execution Penalties will be applied. BARS/BEAM/FLOOR – 8 highest elements including dismount BEAM/FLOOR – 5 acrobatic (max) + 3 dance (min) FLOOR – 4 x acro lines (max) Barred elements are not allowed and no Difficulty Value will be given if they are performed. Same element can only count once EXCEPT on Bars where coded elements may be repeated for Difficulty Value			
Short Exercise	FIG Rules apply for Beam & Floor On Bars, an exercise with less than 5 elements will be deducted 1.00 for each missing element			
<i>Vault</i>		<i>Bars</i>	<i>Beam</i>	<i>Floor</i>
<i>Any Vault with higher Difficulty Value than 4.60</i>	Barred Elements			<i>Connections from salto bwd with 540° Double salto piked</i>
	Uncoded elements	Clear circle to horizontal 0.20 Sole circle with slight bend of knees in final phase 0.10		
Height –optional 1 x springboard Best score of 2 performed vaults	CR 0.50 ✓ Must be performed for 0.50	A Bars – HB 2.50 – LB 1.70 Flight HB to LB and LB to HB ✓ 2 x grips + close circle element (non flight) ✓ (Back hip circle will not be counted as close bar work) Flight element on same bar x 360° non flight element (not mount) ✓ Dismount B or C ✓ A will be counted for dismount but no CR D or more – No DV or CR	Connection of minimum 2 different dance elements (1 x leap/jump/hop with 180° cross split) ✓ Turn group 3 ✓ 1 x acrobatic series with salto (not fwd but may perform free walkover) 2 elements minimum ✓ Acro elements in diff directions (fwd/swd & bwd) ✓ Dismount B or C ✓ A will be counted for dismount but no CR D or more – No DV or CR	Dance passage of 2 x different coded elements (min) (1 leap or hop with 180° cross split) ✓ 1 x Acro sereis (2 x different saltos) ✓ 2 x saltos in different directions (fwd/swd & bwd) ✓ Double BA salto & salto with LA turn ✓ Dismount – B or C salto ✓ A will be counted for dismount but no CR D or more – no DV or CR
Yurchenko entry on ½ off 3.00 Yurchenko entry on 1/1 off 3.40	CV	No GB Bonus	GB Bonus Exercise without a fall (provided all CR's are fulfilled) 0.50 Any Connection between: 2 x acro elements (1 salto) 0.20 3 different flic flacs 0.20 2 different flic flacs 0.10 2 x j/1 with 180° split optional leg 0.20 1/1 spin & j/1 with the 180° split*(min) 0.10 *no deviation allowed	Indirect connection between: 3 saltos 0.10 2 x saltos (1 x 360° LA turn) 0.10 Direct connection between: 2 x saltos fwd (1 x 360° LA turn) 0.20
	Specific Apparatus Deductions	Use deductions for Bars/Beam/Floor as in Articles 9/10/11 in cycle 12 Code of Points EXCEPT AS STATED BELOW (X) where the will be NO DEDUCTION		
		Bar change without performing an element X	Use ARTISTRY DEDUCTIONS on Beam & Floor as in Article 10 & 11	