

LEVEL 3 TECHNICAL MODULES AVAILABLE FOR ACROBATICS GYMNASTICS

MODULE 1 FLEXIBILITY, STANDS AND FLIGHTED INDIVIDUAL ELEMENTS

MODULE 2 PAIR STATIC AND DYNAMIC SKILLS

MODULE 3 GROUP STATIC SKILLS

MODULE 4 GROUP DYNAMIC SKILLS

FIRST MODULE TO RUN:

	DATE	VENUE
MODULE 1	25 th July 2010	WIGAN SEAGULLS
MODULE 2	12 th September 2010	WIGAN SEAGULLS
MODULE 3	24 th October 2010	WIGAN SEAGULLS

VENUE ADDRESS: WIGAN SEAGULLS, 36 BRYN ROAD SOUTH, ASHTON IN MAKERFIELD, WIGAN, LANCASHIRE. WN4 8QR

APPLICATION CRITERIA:

MODULES ARE OPEN TO CYCLE 6 COACHES AND UKCC LEVEL 2 COACHES.

THEY DO NOT NEED TO BE ATTENDED SEQUENTIALLY

THIS IS AN OPPORTUNITY FOR LEVEL 3 COACHES AND ABOVE TO ATTEND TO REFRESH SKILLS AND A CPD CERTIFICATE OF ATTENDANCE WILL BE ISSUED.

THE UKCC GENERIC COACHING COURSE CAN ONLY BE ACCESSED ONCE ALL MODULES ARE COMPLETED IN THE DISCIPLINE AND THE GENERIC COURSE WILL BE AVAILABLE AFTER APRIL 2011.

YOU WILL NEED TO BRING A GYMNAST WITH YOU.

PLEASE LOOK AT THE DOCUMENT HEADED UP 'PRE COURSE AND POST COURSE ADVISE FOR MODULES' FOR FURTHER INFORMATION.