



Bi-Weekly Club Newsletter

Newsletter date: Issue 15 – 28th July 2010



British Gymnastics and Gymnastic England Update

British Gymnastics Benefits and Fees

The Benefits and Fees for the membership year 2010/11 have been announced, please see the below link for further information.

Olympic Games – Game Makers

With just over two years to go until the London 2012 Olympic and Paralympic Games, it is now time for LOCOG to launch the London 2012 Games Maker programme. This will start the process to recruit up to 70,000 people who will make the London 2012 Games happen. These people will be called Games Makers.

The Games Maker programme officially launches on 27th July, although applicants for the majority of roles – generalists – will not be able to apply until 15th September. However, LOCOG is inviting pre-identified applicants for specialist roles and special interest groups to apply from 9am GMT on 27th July. This phased application is to give members of the general public the whole summer to consider their options and find out if this is really for them, whereas many pre-identified applicants, including people like you, may have volunteered before and are at the heart of the sport.

Every applicant will be expected to complete an application form and, if successful, attend a selection event. All applicants offered a Games Maker role must also attend three training events prior to the Games.

Eligibility criteria

All generalists and specialist Games Makers will need to fulfil the same basic criteria:

- Aged 18 or above on 1st January 2012.
- Eligible to volunteer in the UK in line with UK immigration rules.
- Willing to volunteer for at least 10 days of shifts and attend a minimum of three days of training.
- Able to find own accommodation and travel.

Whilst most of our roles require Games Makers to be 18 years old or over by 1st January 2012, we do want young people to get involved too! We will unveil the Young Games Maker programme for up to 1,500 under 18s in summer 2011. Please refer to www.london2012.com/volunteering for more details.

Applying to be a Games Maker

Through our relationship with LOCOG, British Gymnastics members will be able to apply on 27th July, as part of the first group of applicants. From that date you will be able to find everything you need to know about the Games Maker programme on LOCOG's official website. Please note, however, that your application will not be through this site but via a secure page that is not available to the general public.

British Gymnastics Online Shop – Summer Deals

The British Gymnastics Online Shop is offering many summer deals - to take advantage of these deals while you can please go to: <https://secure.british-gymnastics.org/shop/index.php?cPath=61&osCsid=94ce5220479a70a250e6ee45b6421abf>



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Football Foundation

What is it?

The facilities scheme provides money to develop new or improve facilities for community benefit. These include changing rooms or clubhouses, grass or artificial pitches and multi-use games areas.

How much can we apply for?

The maximum grant available from the Foundation for each facility project will be £500,000.

Who can apply?

Applications are welcome from football clubs, multi-sport clubs, local authorities, all educational establishments, registered charitable organisations, not for profit companies limited by guarantee, industrial and provident societies and unincorporated not for profit organisations.

They cannot consider your application if you start work or appoint a contractor before they approve a grant for your project. However, if they give you permission in writing beforehand, they may still be able to consider your application.

What is eligible?

They will fund:

- Improvements to facilities for football and other sport in local communities.
- Projects that sustain or increase participation amongst children and adults, regardless of background age, or ability.
- Projects that help children and adults to develop their physical, mental, social and moral capacities through regular participation in sport.

The types of facilities that they give money for include:

- grass pitches drainage/improvements
- pavilions, clubhouses and changing rooms
- artificial turf pitches and multi-use games areas
- fixed floodlights for artificial pitches

The most they can pay is **90% of the project costs**, but they will only award as much as this in exceptional circumstances.

What don't they fund?

- Indoor facilities
- Sites where football is played by adults only

Want to apply?

Before you submit an application, it is strongly recommend you fill in an expression of interest form and discuss your project with your County FA Development Manager and your FA Regional Facilities Manager.

Applications are online at www.footballfoundation.org.uk

All applicants must have security of tenure by means of “the freehold” or by means of an uninterrupted lease. (Security of tenure is a guarantee that you own or will be able to use a site. This can be acquired via a lice, lease or freehold.)

The minimum security of tenure requirements are:

- For grants up to £20,000: 10 years
- For grants up to £250,000: 20 years

- For grants over £250,000: 25 years

How long will it take?

A report on your project is presented to the Foundation grant assessment panel for consideration and approval if appropriate.

As a rough estimate, if you are applying for a grant between £20,001 and £500,000, it will take on average 25 weeks to reach a decision.

What makes a good application?

You will need planning permission for a project before you can submit an application.

They usually decide how much grant to give your project based on all the circumstances of the project. However, you must show you have tried hard to get funding for your project from inside and outside your organisation and that there is no other money available.

Your financial circumstances will be the main thing they consider when deciding how much they can give you. If you have more money available or have more power to create more income, you are likely to get a much smaller grant than organisations which have not.

Technical guidance and required documentation to be submitted are available on the website, in the “Help with your application” section.



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Coach Education

Spaces Available

There are still spaces available on Sunday's Trampoline Proficiency Award Scheme course at Benham Arena and the Cycle 5 / Cycle 6 update course at the same venue on 22nd August.

Spaces are also available on the TRA Proficiency Award Scheme – Lincoln 12th September.

If you are interested please apply asap.

There is also availability on the following recently advertised courses.

Level 1 Pre-School – Caldecott/Corby starting 26th September

Level 1 General Gymnastics – Derby starting 3rd October

Level 2 Trampoline – Northampton starting 17th October

Level 1 Womens – Leicester/Coalville starting 24th October

Mens Artistic Level 1

If you require a place on a Mens Level 1 course it may be possible to accommodate these candidates on the Level 1 Womens course at Leicester/Coalville in October. They will however need to attend an additional date to those advertised in order to complete the Mens specific part of the syllabus.

Please contact Alan Price 07739 512166 to discuss the above requirements.

Tumbling

A Tumbling Level 1 course has been organised in the East Midlands in November (Derby).

In addition to this, the South Region are running a tumbling camp from 2nd – 6th August 2010, please select the following link for details:

[South Tumbling Camp](#)

List of courses available in the East Midlands

Coaching Courses

Further details on all of the courses below can be found on the East Midlands website under Coaching & Judging (www.emgymnastics.org.uk)

To avoid disappointment please ensure you book onto courses early – do not leave it to the last couple of weeks

Regional coaching courses are in **Blue**, national courses in **Black**

- [GMPD Trampoline Course – Grimsby 27 July 2010](#)
- [Trampoline Proficiency Awards Scheme Course – Northampton 1st August](#)
- [Level 3 Womens Artistic Module 3 \(National Course\) – Bristol 15th August](#)
- [Level 3 Trampolining Module 1 \(National Course\) – Northampton 22nd August](#)
- [Cycle 5 / Cycle 6 UKCC update – Northampton 22nd August](#)
- [Level 3 Tumbling Module 3 \(National Course\) – Basingstoke 11th September](#)
- [Trampoline Proficiency Awards Scheme Course – Lincoln 12th September](#)

- Level 3 Acrobatics Module 2 (National Course) – Wigan 12th September
- Level 3 Tumbling Module 1 (National Course) – Wakefield 18th September
- Level 2 Trampoline Skills Update (National Course) – Cambridge 18th September
- Level 1 Pre-School course – Caldecott/Corby starting 26th September
- Level 1 General Gymnastics Course – Derby starting 3rd October
- Level 1 Womens Course – Lincoln starting 17th October (Course Full)
- Level 2 Trampoline course – Northampton starting 17th October
- Level 3 Trampolining Module 1 (National Course) – Cambridge 17th October
- Level 1 Womens Course – New College, Leicester & Coalville GC starting 24th October
- Level 3 Acrobatics Module 3 (National Course) – Wigan 24th October
- Level 1 Tumbling – Derby starting 7th November
- Gymnastic Disabilities Add-on Module – Date TBC
- WA Level 2 – January 2011
- Pre-School Level 2 – Jan/Feb 2011
- General Gym Level 1 – Jan/Feb 2011
- General Gym Level 2 – Mar 2011
- WA Level 1 – Mar/Apr 2011
- MA Level 1 – Mar/Apr 2011
- MA Level 2 – date & venue TBC

Other Courses

- Safeguarding & Protecting Children – Autumn 2010 (TBC)
- Time to Listen – Autumn 2010 (TBC)
- Club Management – Loughborough Autumn 2010 (TBC)

For further details of all courses:

- Look on the regional website www.emgymnastics.org.uk
- or
- Contact Alan Price, Regional Administrator
 - alan.price@gymnasticsengland.org
 - 07739 512166



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Leadership Academies



With a raising concern for the future of our youth, there is no better time than *now* to influence the next generation of leaders.

London 2012 will depend on up to 70,000 volunteers to make sure the Olympic Games and Paralympic Games run smoothly and successfully

Volunteering will be at the heart of the London 2012 Olympic and Paralympic Games. Volunteers will be chosen for a number of reasons including their skills and also volunteering experience. Therefore it is important that anyone wishing to volunteer for the London Games should start volunteering within their local community in order to increase their chances of selection.

What is a Leadership Academy?

- A Leadership Academy is a group of young leaders who want to develop their leadership skills whilst volunteering within gymnastics.
- The Academy is a constituted group and is run by the young leaders, with support from a staff member.
- The young leaders elect the committee and determine the direction of the Academy.
- Academy members can also identify specific training courses that they would like to attend for professional development.
- Young Leaders are provided with the opportunity to volunteer at national, regional and local events and within a club setting.
- Along with the serious side of the Academy comes a chance for young people with similar interests to get together as a group and have fun.

Benefits

- Opportunities to engage with decision-making
- Access to training courses you wouldn't normally be able to access
- Opportunities to volunteer at local events & competitions
- Opportunity to be valued as a young volunteer and have your achievements recognised Supporting local gymnastics structures

Benefits for partners

- Increase the number of young people involved in volunteering within gymnastics
- Increase the number of young leaders trained in leadership
- Link with existing programmes and pathways, including Step Into Sport and other School Sport Partnership Academies
- Develop links with other agencies in education, community and professional settings

Purpose of a Leadership Academy

A Leadership Academy can adopt any direction depending on the interests and ambitions of the members of the group.

Projects could include:

- Supporting or organising Regional, County, Club or School Competitions
- Coach Education for the members of the academy to support clubs
- Organise activities to support facility developments i.e. fundraising for equipment
- Support both school and club events to help develop school to club links
- Promote volunteering opportunities in Gymnastics and the academy to the wider community and partner organisations

The leaders undertake an introductory programme to volunteering within gymnastics, based on the Helpers' Award and the 'super six' areas of volunteering: Coaching

1. Judging
2. Events
3. Publicity / Promotion
4. Health, Safety & Welfare
5. Admin & Management

Once the Academy members have completed the introductory sessions they are guided through any additional training that they have identified, including First Aid, Coaching and Judging Qualifications and other generic sports training. The Academy members also identify how often they would like to continue to meet as a group and what areas they would like to develop, for example, organising a display or festival, volunteering at events etc.

Volunteer hours through a Gymnastics Leadership Academy can be used towards the Step Into Sport programme

What is the Step Into Sport Programme?

- A national volunteering programme for young leaders
- Run through the School Sports Partnerships usually as a Leadership Academy
- Cover all sports offering generic training courses and volunteer opportunities
- Logging volunteer hours counts towards a recognised award

Volunteer hours through a Gymnastics Leadership Academy can be used towards the Step Into Sport programme

If you want to know more about Leadership Academies in your area, contact your Gymnastics Development Officer:

NORTHAMPTON AND LINCOLN

Samantha Harding – 07739 990 210 - Samantha.harding@gymnasticsengland.org

DERBYSHIRE

Emma Law - 07824 547193 - emma.law@gymnasticsengland.org

NOTTINGHAMSHIRE

Rachel Clerck - 07739 512207 - rachel.clerck@nottsc.gov.uk

LEICESTERSHIRE & RUTLAND

Hazel Colton - 07827 303 967 - hazel.colton@gymnasticsengland.org



Gymnastics
England

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east
midlands
GYMNASTICS
ASSOCIATION

Events

September Events

Further details on all of the below events can be found on the East Midlands website under competitions (www.emgymnastics.org.uk)

5 September 2010

Leicestershire Level 5, 4, 3 & FIG All Round
New College Leicester

26 September 2010

WA – Regional Age Group Championships, Open Age Championships
New College Leicester

East Midlands Multi Discipline Competition and Regional Festival/Conference

On Sunday 17th October 2010 East Midlands will host their first ever multi discipline team competition along side the Regional Conference and Regional Festival.

Counties will enter teams which will consist of gymnasts from men's and women's artistic, acrobatics, rhythmic, general and trampolining and the final part of the competition will see all disciplines working together to perform a team display. Scores will be combined to give a county total. Squads will be selected through the County Associations with support from their Development Officer so look out for further information from your Development Officer.

The second part of the day will be a Regional Conference and Festival, which will be open to all clubs.

Further information on the day will be distributed shortly.