

# **East Midlands Gymnastics Association**



# **2012**

# **WTC Competition Handbook**

# EMGA Committee

**Chair:** Paul Lipton  
**Minute Secretary:** Jenni Harris  
**Coach Education:** Alan Price  
**Treasurer:** Dave Spence

East Midlands Regional Website: [www.emgymnastics.org.uk](http://www.emgymnastics.org.uk)

## Women's Technical Committee

**Chairman:**

Paul Lipton

☎ 07852360580

E-mail: Paul.Lipton@moto-way.co.uk

Address: 8 Abthorpe Ave Kingsthorpe Northampton NN2 8NS

**Secretary:** Vacant

**To be appointed at AGM**

**Judging Convenor:** Jenni Harris

☎ 01455 440932

E-mail: jenniharris449@hotmail.com

Address: 449 Coventry Rd Hinckley Leics LE10 0NF

**Competition Secretary:** Marie Mitchell & Vicky Pyatt

☎ 01536 415444

E-mail: [emcompetitions@hotmail.co.uk](mailto:emcompetitions@hotmail.co.uk)

Address: 6 Fineshade Close Barton Seagrave Kettering  
Northants NN15 6SL

The East Midlands Gymnastics Association, Women's Technical Committee wish to  
acknowledge the Sponsorship and support of the following:



**The Zone  
&  
The Clubs who host the events.**

# W.T.C 2012 Competitions

## All competitions will be at New College Leicester

<u>Date</u>	<u>Competition</u>	<u>Closing Date</u>
26 <sup>th</sup> February	National Club Grade 8,7, 6 & 5 (qualifiers) Regional Club Grade 12, 11, 10 & 9 Compulsory Levels 3 & 4 (qualifiers) East Midlands Compulsory 5	29 <sup>th</sup> January
25th March	Club Grades 13 & 14	26 <sup>th</sup> February
29th April	Floor & Vault	1st April
20th May	Open Age Senior & Junior Club Team	22nd April
23rd September	Regional Championships Sen/Jun/Esp National In Age Level 4 & 3 (qualifiers) Open Age Champs ** (Level 3, 2 & Challenge Cup)	26 <sup>th</sup> August
14th October	Open Age Championships (Level 4)	16th September
28 <sup>th</sup> October	Open Age Senior & Junior County Team	30 <sup>th</sup> September

\*\* Competitors in the Challenge Cup competition automatically qualify for entry to the Regional Championships

National Finals & Entry Dates			
14/15 <sup>th</sup> April	British Finals Grades 8 – 5	Birmingham	5 <sup>th</sup> March
21/22 <sup>nd</sup> April	British Compulsory Finals Grade 4 & 3	Birmingham	5 <sup>th</sup> March
3/4 <sup>th</sup> November	British Age Group Finals Level 4, 3 & 2	Guildford	24 <sup>th</sup> September

# Women's Technical Committee

## GENERAL RULES AND REGULATIONS 2012

The following regulations will apply at all East Midlands Gymnastics Association Women's Technical Committee Competitions in 2012.

### **1 Affiliation**

All East Midlands gymnasts and coaches must be a member of a gymnastics club that is affiliated to their county and the East Midlands Gymnastics Association. All gymnasts and coaches must be a member of the British Gymnastics Association (see note 2 below) and the EMGA WTC registration scheme (see note 1 below). Clubs must provide a photocopy of gymnasts BG membership cards with the WTC registration.

All East Midlands coaches, judges and officials must be members of the British Gymnastics Association. The level of membership should be appropriate to the qualification held. Coaches and Judges must be members of the EMGA WTC registration scheme.

Note 1: Gymnasts who only compete in the following regional competitions in 2012 are exempt from the EMGA WTC registration scheme:

- Club Grade 14
- Compulsory Grade 5 & In age Level 5
- Gymnasts competing in Regional Floor & Vault only

Note 2: Gymnasts must hold a minimum of BG Bronze Membership to compete in WTC competitions and be upgraded to Silver Competitive if competing in In age competitions.

**Judges do not have to pay a registration fee but should be listed on the Club's registration form**

### **2 Gymnast's Status**

**Gymnasts are not allowed to change between In Age and Open Age paths during the competition year.**

**Coaches should refer to competition rules for details on which competitions apply to which path.**

### **3 Gymnastic Progression**

*Subject to BG Age Group Championship criteria, gymnasts who exceeded the following score thresholds at the East Midlands Individual competitions in 2011, must compete at the minimum level specified in 2012. Club and County Team scores are not part of this requirement.*

*Scores over 45 points at Level 4 in 2011- compete at minimum level 3 in 2012*

*Scores over 45 points at In Age Level 3 in 2011 - compete at minimum level 2 in 2012 (In Age gymnasts).*

*Scores over 45 points at Open Age Level 3 in 2011- compete at minimum Level 2 in 2012 (Open Age gymnasts)*

*Score over 45 points at In Age/ Open Age Level 2 in 2011- compete at minimum Challenge Cup in 2012 (Open Age gymnasts).*

#### **4 Gymnast's Age**

Age groups refer to the age the gymnast will reach during the competition year i.e. age at 31st December.

#### **5 Gymnast Changing Clubs**

The WTC must be informed of any gymnast changing clubs. Gymnasts may only compete in club team competitions for the club with which they were registered at the start of the year.

#### **6 Competition Fees**

Individual regional competition fees are £10 per gymnast for Open Age competitions and £17.50 for In Age competitions.

Entry fees for national competitions will be announced at the qualifying competition and must be paid on that day.

Please refer to individual competition *rules and* entry forms for details of judging fees for all competitions.

Cheques should be made payable to EMGA and submitted by the entry cut off date as stated on the competition entry form. Late entries cannot be guaranteed a place and will be charged 3 (three) times the normal fee. If a postal strike or similar difficulties are experienced **an email of the entry will be accepted as a temporary receipt if accompanied by a photocopy of the entry cheque until the original is received within 48 hours of the email.**

Gymnasts representing the region at National competitions will be required to pay a deposit for the regional kit when issued to them. The deposit will be refunded on return of the kit.

#### **7 County Qualifying Competitions**

Where qualification for regional competition is via a county qualifier, the county secretary or coach must supply a list of qualifiers, together with a list of results from the qualifying competition with the entry form and appropriate fee. Only gymnasts of clubs affiliated to EMGA may be included in county teams for regional competitions.

#### **8 Team Competitions**

Please refer to individual competition *rules and* entry forms for details of entry and judging fees for team competitions.

The following rules apply to the team competitions:

Open-Age competitions: - There is no dedicated reserve; all members of the team may be selected to compete on individual apparatus subject to the max no of competitors as per individual competition rules.  
Teams must be confirmed at registration and before warm up commences. Changes will not be allowed after registration other than the substitution of the reserve in the case of injury.  
If an injury occurs during the warm up or competition the reserve may come into the team for the remaining pieces.

#### **9 Withdrawal from Competition**

Neither competition entry nor judging fee will be refunded in the event of a club/team/gymnast withdrawing from a competition.

## **10 Gymnast's Dress and Conduct**

All gymnasts should be suitably dressed in a well fitting leotard. Long hair should be tied back. No jewellery is permitted.

## **11 Coaches Qualification, Dress and Conduct**

*Coaches must hold a current cycle British Gymnastics coaching qualification that covers the skills that their gymnasts are performing.*

**One coach per gymnast** will be allowed in the competition area at individual competitions and team competitions

Coaches must be qualified to a minimum Women's Artistic standard of Level 2 Coach (General Gymnastic Level 2 coaches are allowed for Floor & Vault events). Level 1 Assistant coaches will be permitted on the competition floor *for the purposes of pastoral care, presentation of gymnasts and placement of the springboard and mats only.*

Coaches must be smartly dressed in a club / team uniform consisting of tracksuit or sports trousers and T-shirt / sweatshirt. Shorts / skirts are not permitted.

Coaches who do not adhere to the competition rules will be removed from the competition floor.

The only jewellery coaches are permitted to wear while in the competition area is a plain banded wedding ring which must be covered by tape.

The following statement has been included on all entry forms for WTC events.

**“When submitting entries for a British Gymnastics event the onus is on the Club/County and coaches to ensure that the coaches attending to the participants are qualified to the level of the participant's performance”.**

It will be a condition of entry to a WTC event that this statement is signed and name printed on the entry form to all events.

## **12 Judges Dress and Conduct**

Judges must be suitably dressed. Ladies in navy skirt/trousers and jacket/blazer, gentleman in grey trousers and navy jacket/blazer.

Judges must arrive at the designated time before the start of competition for the judges meeting and be ready at their apparatus judging position five minutes before march on.

## **13 Provision of Judges**

Clubs/Counties **must** supply a judge/s with their competition entry, clubs/counties will be responsible for the expenses incurred by their nominated judge, The Regional Judging Convener for the WTC will provide the A-Panel Judges, clubs/counties will not be able to nominate these judges. Entries will **not** be accepted where a judge has not been nominated. In the event of insufficient judges of the appropriate level to meet individual competition requirements being available, the Judging Convener may select from outside the region. Competitions may be cancelled if criteria cannot be satisfied from both searches.

## **14 Referee**

A referee will be provided at EMGA WTC competitions to adjudicate in matters of rule interpretation and dispute. The referee's decision on such matters will be final.

## **15 Apparatus**

All gymnasts will use the apparatus supplied at the competition venue. Wherever possible equipment dimensions will be set up to FIG specifications which include height and width dimensions for asymmetric bars, beam mount run up and vault run up.

On floor a 5 cm safety mat will be allowed for double back, D and E saltos.

A Yurchenko safety block must be placed around the springboard for performance of this vault and the gymnast's personal hand placement mat must be used. The club is responsible for bringing its own hand placement mat to the competition..

## **16 Tall Gymnasts**

The high bar may be raised in accordance with FIG regulations for tall gymnasts.

Requests for the bar to be raised must be made to the competition controller prior to general warm up.

## **17 Music**

All voluntary music must be well recorded at the beginning of a good quality CD only, well labeled and handed to the music controller at registration. One CD per gymnast.

## **18 Safety**

**It is strongly recommended that a coach should be close enough to the landing area for dismount on vault, bars and beam to intervene in the likely case of an accident.**

**Judges will not deduct due to the presence of a coach, however this rule does not permit the coach to touch the gymnast during the routine unless it is to prevent an accident.**

## **19 Protests**

Protests should be written on the standard EMGA WTC form and handed to the competition controller together with the £5 fee within 15 minutes of the score having been received. The protest form is available from the competition controller.

Protest should include details of the gymnast's number, apparatus protested, declared score, technical reasons for the protest and coaches signature.

The competition controller will pass the protest to the relevant master judge who will consider it with the other judges on that apparatus and deliver a signed reply back to the competition controller. Any further dispute will be adjudicated upon by the referee whose decision will be final.

Coaches may not complain about another gymnast's score, compare scores or cite other gymnast's scores in a protest.

Video evidence and block protests will not be permitted.

Protests may not be used to complain about a judge.

Coaches may ask a master judge for details of deductions at an appropriate time, to enable the improvement of routines by being informed of particular mistakes, provided that no protest is made afterwards.

## **20 Rule Changes**

The EMGA WTC reserves the right to amend competition rules as it may feel necessary. Such changes shall be informed to member clubs before closing date of competitions at which they will take effect except where such changes are demanded by the British Gymnastics Association or the FIG within a shorter period of time.

## **21 Disputes**

In the event of a dispute that cannot be resolved by reference to the rules, the referee shall make a decision at competitions and the chairman of EMGA WTC in other circumstances. These decisions shall be final. The situation will then be discussed by the WTC at their next available meeting.

## **22 Clarification**

For clarification on any subject please contact the chair of EMGA WTC in writing allowing a minimum of 14 days for a response.

## **23 Trophies**

Provision for the return of trophies won at WTC competitions should be made 2 weeks prior to the following year's competition. Clubs are responsible for the return of all trophies won by gymnasts competing for them.

**If trophies are not returned the Club will be invoiced for the cost of a new one.**

## **24 Competition Results**

It is the intention for 2012 **not** to provide results to the general public following the competition. Where possible results will be provided for coaches (one per club/county) the results will then be placed on the regional website for general access within 2 days of the competition. It is the clubs responsibility to ensure that their members are aware of this.

# **EAST MIDLANDS GYMNASTICS ASSOCIATION**

## **WOMENS TECHNICAL COMMITTEE**

### **COMPETITION RULES 2012**

<b>Competition:</b>	<b>Regional Club Grades 12, 11, 10 &amp; 9</b>
<b>Date:</b>	<b>Sunday 26<sup>th</sup> February 2012</b>
<b>Venue:</b>	<b>New College, Glenfield Road, Leicester</b>
<b>Entry Deadline</b>	<b>Sunday 29<sup>th</sup> January 2012</b>
<b>Path / Entry Criteria</b>	Regional Club Grades Club Grade 12 - minimum age 10 years Club Grade 11 - minimum age 10 years Club Grade 10 – minimum age 10 years Club Grade 9 – minimum age 10 years
<b>Entry Fees</b>	£10 per gymnast plus £10 per club judging fee.
<b>Judging Rules &amp; Apparatus Regulations</b>	BGA British Club Grades criteria
<b>Competition Format</b>	<b>Warm Up compete on each apparatus</b>
<b>Judging Levels</b>	Minimum of 2 judges on each piece, 1 regional
<b>Awards</b>	Medals will be awarded to the top 3 Gymnasts in each grade. Grades badges and certificates will be available for purchase to those gymnasts who pass their grade. .

*To be read in conjunction with EMGA WTC General Rules*

**East Midlands Gymnastics Association  
Womens Technical Committee**

Entry Form - **Regional Club Grades 12, 11, 10 & 9**

**Sunday 26<sup>th</sup> February 2012, New College, Glenfield Road, Leicester**

Name of Club: \_\_\_\_\_

Name of Club Coach: \_\_\_\_\_

Address: \_\_\_\_\_

Post Code \_\_\_\_\_ Tel No. \_\_\_\_\_

E-mail: \_\_\_\_\_

Information regarding the competition will be sent to the above address.

Closing Date for Entries: **Sunday 29<sup>th</sup> January 2012**

Entry Fee: **£10 per gymnast (entries received after the above date £30)**

Judging Fee: **£10 per club**

**Details of gymnasts entered:**

Gymnasts Name*	Date of Birth*	Grade *	Name of Coach*	Coach BG Number*	Coach Award*
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					

**“When submitting entries for a British Gymnastics event the onus is on the club and coaches to ensure that the coaches attending to the participants are qualified to the level of the participants’ performance”.**

I can confirm that the above criteria have been adhered to. **\*Signed:** \_\_\_\_\_

**\*Print Name:** \_\_\_\_\_

Only ONE coach per gymnast allowed

Entry Fees @ **£10** per gymnast £ \_\_\_\_\_

Judging Fee **£10** Total Fee enclosed **£** \_\_\_\_\_

\*Nominated Judge: \_\_\_\_\_ \*Judge Level: \_\_\_\_\_

Cheques to be made payable to East Midlands Gymnastics Association and enclosed with entry.

All gymnasts and their accompanying coaches must be members of the EMGA WTC registration scheme.

**Incorrect or incomplete forms will not be accepted. All sections marked \* must be completed.**

Entry form to be returned with payment to Marie Mitchell 6 Fineshade Close Barton Seagrave Kettering NN15 6SL

**East Midlands Gymnastics Association  
Women's Technical Committee**

Entry Form – Compulsory Levels 3 & 4, Club Grades 8, 7, 6, & 5  
Sunday 26<sup>th</sup> February 2012– New College, Glenfield Road, Leicester

Name of Club: \_\_\_\_\_  
 Name of Club Contact: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 \_\_\_\_\_  
 Post Code \_\_\_\_\_ Tel No. \_\_\_\_\_  
 E-mail: \_\_\_\_\_

Information regarding the competition will be sent to the above address.

Closing Date for Entries: **Sunday January 29th 2012**

Competitions Entered:

Competition	Please Tick	Entry Fee
Compulsory Levels		
Club Grades		
East Mids Compulsory Grade 5		
	<b>Judging Fee</b>	<b>£10</b>
	<b>Total Fee (payable to EMGA)</b>	<b>£</b>

Clubs **MUST** provide 1 Judge. Entries will not be accepted where clubs fail to nominate a judge.

Judge Name*	Judge BG Number*	Judge Award*

# EAST MIDLANDS GYMNASTICS ASSOCIATION

## WOMENS TECHNICAL COMMITTEE

### COMPETITION RULES 2012

<b>Competition:</b>	<b>Regional Compulsory Grades Championships</b>
<b>Date:</b>	<b>Sunday 26<sup>th</sup> February 2012</b>
<b>Venue:</b>	<b>New College, Glenfield Road, Leicester</b>
<b>Entry Deadline</b>	<b>Sunday January 29th 2012</b>
<b>Age Groups</b>	In Age 9 and 10 years 'In-Age' & 'Out of Age'.
<b>Path &amp; Entry Criteria</b>	BGA Compulsory Level Grades National Qualifier Elite Path: 10 years - Compulsory Level 3 9 years - Compulsory Level 4
<b>Entry Fees</b>	£17.50 per gymnast plus £10 per club judging fee.
<b>Judging Rules &amp; Apparatus Regulations</b>	BGA Age Group Championship Criteria
<b>Competition Format</b>	Warm up then compete on each piece of apparatus.
<b>Judging Levels</b>	Minimum of 2 judges on each piece, 1 regional
<b>National Final Qualification Criteria</b>	The top 4 "In Age" gymnasts in each grade reaching the qualifying standard will provide the East Midlands team for the National Compulsory Grades Finals. All qualifying gymnasts will be required to attend a squad training day in April. Individual entries are allowed from gymnasts achieving the qualifying score but not finishing in the top four.
<b>Awards</b>	Medals will be awarded to the top 3 gymnasts in each grade. Grades certificates will be awarded to all gymnasts who pass their grade. Certificates will be sent later. <b><i>The Diana Mohammed Trophies:</i></b> "In Age" gymnast's scores from this competition and the national Compulsory Level 2 competition will be added to Regional Age Group Championships scores to establish regional champions at 9, 10 and 11 years.

*To be read in conjunction with EMGA WTC General Rules*

**East Midlands Gymnastics Association  
Womens Technical Committee**

Entry Form - **Regional Compulsory Grades Championship**

**Sunday 26<sup>th</sup> February 2012 – New College, Glenfield Road, Leicester**

Name of Club: \_\_\_\_\_

Name of Club Coach: \_\_\_\_\_

Address: \_\_\_\_\_

Post Code \_\_\_\_\_ Tel No. \_\_\_\_\_

Information regarding the competition will be sent to the above address.

Closing Date for Entries: **Sunday 29<sup>th</sup> January 2012**

Entry Fee: **£17.50 per gymnast (entries received after the above date £46.50)**

Judging Fee: **£10 per club**

**Details of gymnasts entered:**

Gymnasts Name*	Date of Birth*	Grade*	Name of Coach*	Coach BG Number*	Coach Award*
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					

**“When submitting entries for a British Gymnastics event the onus is on the club and coaches to ensure that the coaches attending to the participants are qualified to the level of the participants’ performance”.**

I can confirm that the above criteria has been adhered to. **\*Signed:** \_\_\_\_\_

**\*Print Name:** \_\_\_\_\_

Only ONE coach per gymnast allowed

Nominated Judge.....level.....

Cheques to be made payable to East Midlands Gymnastics Association and enclosed with entry.  
All gymnasts and their accompanying coaches must be members of the EMGA WTC registration scheme.

**Incorrect or incomplete forms will not be accepted. All sections marked \* must be completed.**

Entry form to be returned with payment to Marie Mitchell 6 Fineshade Close Barton Seagrave  
Kettering NN15 6SL

# EAST MIDLANDS GYMNASTICS ASSOCIATION

## WOMENS TECHNICAL COMMITTEE

### COMPETITION RULES 2012

<b>Competition:</b>	<b>Regional Club Grades 8, 7, 6, &amp; 5</b>
<b>Date:</b>	<b>Sunday 26<sup>th</sup> February 2012</b>
<b>Venue:</b>	<b>New College, Glenfield Road, Leicester</b>
<b>Entry Deadline</b>	<b>Sunday January 29<sup>th</sup> 2012</b>
<b>Path / Entry Criteria</b>	National Club Grades BGA National Qualifier Club Grade 8 - minimum age 10 years Club Grade 7 - minimum age 11 years Club Grade 6 - minimum age 12 years Club Grade 5 - minimum age 13 years
<b>Entry Fees</b>	£10 per gymnast plus £10 per club judging fee.
<b>Judging Rules &amp; Apparatus Regulations</b>	BGA British Club Grades criteria <b>New to 2012 a gymnast who achieves an overall pass but fails R &amp; C may have one re-take attempt at the end of the event. Regardless of the score achieved in the retake it is the first score that counts for qualification to National Finals. NB. Only one retake allowed. (see BG wtc handbook page 11)</b>
<b>Competition Format</b>	Warm up then compete on each piece of apparatus.
<b>Judging Levels</b>	Minimum of 2 judges on each piece, 1 regional
<b>National Final Qualification Criteria</b>	The top 4 gymnasts in each of grades 8, 7, 6, & 5 will provide the East Midlands team for the National Club Grades finals. All qualifying gymnasts will be required to attend a squad training day in April.
<b>Awards</b>	Medals will be awarded to the top 3 gymnasts in each Grade. Grades certificates will be awarded to gymnasts who pass their grade. These will be sent later.

*To be read in conjunction with EMGA WTC General Rules*

**East Midlands Gymnastics Association  
Womens Technical Committee**

Entry Form - **Regional Club Grades 8, 7, 6 & 5**

**Sunday 26th February – New College, Glenfield Road, Leicester**

Name of Club: \_\_\_\_\_

Name of Club Coach: \_\_\_\_\_

Address: \_\_\_\_\_

Post Code \_\_\_\_\_ Tel No. \_\_\_\_\_

Information regarding the competition will be sent to the above address.

Closing Date for Entries: **Sunday January 29th 2012**

Entry Fee: **£10 per gymnast (entries received after the above date £30)**

Judging Fee: **£10 per club**

**Details of gymnasts entered:**

Gymnasts Name*	Date of Birth*	Grade*	Name of Coach*	Coach BG Number*	Coach Award*
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					

**“When submitting entries for a British Gymnastics event the onus is on the club and coaches to ensure that the coaches attending to the participants are qualified to the level of the participants’ performance”.**

I can confirm that the above criteria have been adhered to. **\*Signed:** \_\_\_\_\_

**\*Print Name:** \_\_\_\_\_

Only ONE coach per gymnast allowed

Nominated Judge.....Level.....

Cheques to be made payable to East Midlands Gymnastics Association and enclosed with entry.  
All gymnasts and their accompanying coaches must be members of the EMGA WTC registration scheme.

**Incorrect or incomplete forms will not be accepted. All sections marked \* must be completed.**

Entry form to be returned with payment to Marie Mitchell 6 Fineshade Close Barton Seagrave  
Kettering NN15 6SL

# EAST MIDLANDS GYMNASTICS ASSOCIATION

## WOMENS TECHNICAL COMMITTEE

### COMPETITION RULES 2012

<b>Competition:</b>	<b>Regional Compulsory Grades 5 Championships</b>
<b>Date:</b>	<b>Sunday 26<sup>th</sup> February 2012</b>
<b>Venue:</b>	<b>New College, Glenfield Road, Leicester</b>
<b>Entry Deadline</b>	<b>Sunday January 29th 2012</b>
<b>Age Groups</b>	In Age 8yrs only.
<b>Entry Fees</b>	£10.00 per gymnast plus £10 per club judging fee.
<b>Judging Rules &amp;</b>	East Midlands Compulsory Grade 5 (Rules & Regs on EMGA website under wtc discipline
<b>Apparatus Regulations</b>	As per rules
<b>Competition Format</b>	Warm up then compete on each piece of apparatus.
<b>Judging Levels</b>	Minimum of 2 judges on each piece, 1 regional
<b>Awards</b>	Medals will be awarded to the top 3 gymnasts in the grade. Certificates will be awarded to all gymnasts passing the grade

*To be read in conjunction with EMGA WTC General Rules*

**Special Note:** Participating gymnasts do not need to be registered with the WTC registration scheme to participate in this competition.

**East Midlands Gymnastics Association  
Womens Technical Committee**

Entry Form - **Regional Compulsory Grade 5**

**Sunday 26<sup>th</sup> February 2012, New College, Glenfield Road, Leicester**

Name of Club: \_\_\_\_\_

Name of Club Coach: \_\_\_\_\_

Address: \_\_\_\_\_

Post Code \_\_\_\_\_ Tel No. \_\_\_\_\_

E-mail: \_\_\_\_\_

Information regarding the competition will be sent to the above address.

Closing Date for Entries: **Sunday January 29th 2012**

Entry Fee: **£10 per gymnast (entries received after the above date £30)**

Judging Fee: **£10 per club**

**Details of gymnasts entered:**

Gymnasts Name*	Date of Birth*	Grade *	Name of Coach*	Coach BG Number*	Coach Award*
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					

**“When submitting entries for a British Gymnastics event the onus is on the club and coaches to ensure that the coaches attending to the participants are qualified to the level of the participants’ performance”.**

I can confirm that the above criteria have been adhered to. **\*Signed:** \_\_\_\_\_

**\*Print Name:** \_\_\_\_\_

Only ONE coach per gymnast allowed

Entry Fees @ **£10** per gymnast £ \_\_\_\_\_

Judging Fee **£10** Total Fee enclosed **£** \_\_\_\_\_

\*Nominated Judge: \_\_\_\_\_ \*Judge Level: \_\_\_\_\_

Cheques to be made payable to East Midlands Gymnastics Association and enclosed with entry. Gymnasts do not have to be part of the EMGA registration scheme but their accompanying coaches must be.

**Incorrect or incomplete forms will not be accepted. All sections marked \* must be completed.**

Entry form to be returned with payment to Marie Mitchell 6 Fineshade Close Barton Seagrave Kettering NN15 6SL

# **EAST MIDLANDS GYMNASTICS ASSOCIATION**

## **WOMENS TECHNICAL COMMITTEE**

### **COMPETITION RULES 2012**

<b>Competition:</b>	<b>Regional Club Grades 14 &amp; 13 Championships</b>
<b>Date:</b>	<b>Sunday 25<sup>th</sup> March 2012</b>
<b>Venue:</b>	<b>New College, Glenfield Road, Leicester</b>
<b>Entry Deadline</b>	<b>Sunday 26<sup>th</sup> February 2012</b>
<b>Path / Entry Criteria</b>	BGA Regional Club Grades Club Grade 14 - minimum age 8 years Club Grade 13 - minimum age 9 years
<b>Entry Fees</b>	£10 per gymnast plus £10 per club judging fee.
<b>Judging Rules &amp; Apparatus Regulations</b>	BGA British Club Grades criteria
<b>Competition Format</b>	Warm up then compete on each piece of apparatus.
<b>Judging Levels</b>	Minimum of 2 judges on each piece, 1 regional
<b>Awards</b>	Medals will be awarded to the top 3 'In-Age' and 'Out of Age' gymnasts in each grade. Grades certificates will be awarded to gymnasts who pass their grade. These will be sent later.

*To be read in conjunction with EMGA WTC General Rules*

**East Midlands Gymnastics Association  
Womens Technical Committee**

Entry Form - **Regional Club Grades 14 & 13 Championship**

**Sunday 25<sup>th</sup> March 2012, New College, Glenfield Road, Leicester**

Name of Club: \_\_\_\_\_

Name of Club Coach: \_\_\_\_\_

Address: \_\_\_\_\_

Post Code \_\_\_\_\_ Tel No. \_\_\_\_\_

E-mail: \_\_\_\_\_

Information regarding the competition will be sent to the above address.

Closing Date for Entries: **Sunday 26<sup>th</sup> February 2012**

Entry Fee: **£10 per gymnast (entries received after the above date £30)**

Judging Fee: **£10 per club**

**Details of gymnasts entered:**

Gymnasts Name*	Date of Birth*	Grade *	Name of Coach*	Coach BG Number*	Coach Award*
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					

**“When submitting entries for a British Gymnastics event the onus is on the club and coaches to ensure that the coaches attending to the participants are qualified to the level of the participants’ performance”.**

I can confirm that the above criteria have been adhered to. **\*Signed:** \_\_\_\_\_

**\*Print Name:** \_\_\_\_\_

Only ONE coach per gymnast allowed

Entry Fees @ **£10** per gymnast £ \_\_\_\_\_

Judging Fee **£10** Total Fee enclosed **£** \_\_\_\_\_

\*Nominated Judge: \_\_\_\_\_ \*Judge Level: \_\_\_\_\_

Cheques to be made payable to East Midlands Gymnastics Association and enclosed with entry.

All gymnasts and their accompanying coaches must be members of the EMGA WTC registration scheme.

**Incorrect or incomplete forms will not be accepted. All sections marked \* must be completed.**

Entry form to be returned with payment to Marie Mitchell 6 Fineshade Close Barton Seagrave Kettering NN15 6SL

# EAST MIDLANDS GYMNASTICS ASSOCIATION

## WOMENS TECHNICAL COMMITTEE

### COMPETITION RULES 2012

<b>Competition:</b>	<b>Open County Team Floor and Vault Championships</b>
<b>Date:</b>	<b>29<sup>th</sup> April 2012</b>
<b>Venue:</b>	<b>New College, Glenfield Road, Leicester</b>
<b>Entry Deadline</b>	<b>Sunday 1<sup>st</sup> April 2012</b>
<b>Age Groups</b>	8/9 yrs, 10/11 yrs, 12/13yrs, 14+yrs
<b>Path / Entry Criteria</b>	<b>Open to all Open Level 4 gymnasts(2012) Teams should be chosen through a county qualifier. - Gymnasts who have previously competed at emga level 3 or higher cannot compete.. Any gymnast born in 2003 who will have competed at Compulsory Level 4 in February 2012 will not be eligible. Each county to provide four gymnasts in each age category.</b>
<b>Entry Fees</b>	£30 for each age category entered or £100 if all 4 age categories entered.
<b>Judging Rules &amp; Apparatus Regulations</b>	See seperate sheet.
<b>Competition Format</b>	Warm up then compete on each piece of apparatus.
<b>Judging Levels</b>	Minimum of 1 Regional & 1 club judge on each piece Each County must provide a minimum of 2 judges, 1 regional or above and 1 Club judge
<b>Awards:</b>	
<b>Individuals:</b>	Medals will be awarded to the top 3 gymnasts in each age group.
<b>County Teams:</b>	Medals will be awarded to the top three county teams in each age group.
	A trophy will be presented to the top scoring overall county squad.
<b>Special Note:</b>	Participating gymnasts do not need to be registered with the WTC registration scheme to participate in this competition.

*To be read in conjunction with EMGA WTC General Rules*

# EAST MIDLANDS GYMNASTICS ASSOCIATION

## WOMENS TECHNICAL COMMITTEE

### COMPETITION RULES 2012

**Competition:** Open County Team Floor and Vault Championships

**Date:** Sunday 29th April 2012

**Venue:** New College, Glenfield Road, Leicester

#### Judging Rules &

#### Apparatus Regulations

<b>D Score:</b>	Handspring Flat-back	1.50
	Handspring	2.40
	Half On/Half Off	3.00

These are the only vaults permitted, any other vaults will be considered invalid and result in a mark of zero being awarded.  
2 Vaults will be allowed.

Optional Vault Heights for Handspring and Half on/Half off  
One springboard only allowed.

Handspring flat-back performed on crash mats & roll mat Height  
110cm +/- 3cm

Floor requirements as follows:

#### Difficulty Content:

8 Coded or uncoded elements as per floor & vault sheet (minimum 3 dance elements and no more than 5 acro elements) Routines with less than 7 elements will be deducted 1.00 mark for each missing element

#### Composition Requirements: 0.50 each

Acro series with one somersault (Minimum 2 flight elements) except 8/9 age group where no somersault is required but still 2 flight elements (round off has flight)

Passage of min 2 different dance elements (1x leap/jump/hop with 180° cross split)

360° turn on one leg

Forward/Sideways and Backward acrobatic element without flight

**E score:** deduction from 10.00 as per FIG

All 4 scores in each age category count towards team result in each category.

**East Midlands Gymnastics Association  
Womens Technical Committee**

Entry Form – **Open County Team Floor & Vault Championships**  
**Sunday 29th April 2012, New College, Glenfield Road, Leicester**

Name of County: \_\_\_\_\_

Name of County Coach: \_\_\_\_\_

Address: \_\_\_\_\_

Post Code \_\_\_\_\_ Tel No. \_\_\_\_\_

E-mail: \_\_\_\_\_

Information regarding the competition will be sent to the above address.

Closing Date for Entries: **Sunday 1<sup>st</sup> April 2012**

Entry Fee:

Age Group	Please Tick	Fee per team
8/9 years		£30
10/11 years		£30
12/13 years		£30
14+		£30
<b>All 4 age Groups</b>		<b>£100</b>

**Counties MUST provide 2 Judges (minimum 1 Regional). Failure to provide 2 judges will result in the entry being refused.**

Judges Name*	Judge BG Number*	Judge Award*
1		
2		

Judging Fee per County: **£10**

Total fee enclosed £\_\_\_\_\_ cheque made payable to EMGA.

**A Complete set of the county's qualifying scores must be sent with this entry form.**

## East Midlands Gymnastics Association Womens Technical Committee

Entry Form – **Open County Team Floor & Vault Championships**  
**Sunday April 29th 2012, New College, Glenfield Road, Leicester**

Name of County: \_\_\_\_\_

Name of County Coach: \_\_\_\_\_

Address: \_\_\_\_\_

Post Code \_\_\_\_\_ Tel No. \_\_\_\_\_

Information regarding the competition will be sent to the above address.

### Team Details:

Gymnasts Name*	Date of Birth*	Qual Score age 8/9*	Qual Score age 10/11*	Qual Score age 12/13*	Qual Score age 14+*	Name of Coach*	Coach BG Number*	Coach Award*
1								
2								
3								
4								
Res								
1								
2								
3								
4								
Res								
1								
2								
3								
4								
Res								
1								
2								
3								
4								
Res								

<b>Team Manager – This must be completed</b>	
Name & Address	
	BG No.

**“When submitting entries for a British Gymnastics event the onus is on the club and coaches to ensure that the coaches attending to the participants are qualified to the level of the participants’ performance”.**

I can confirm that the above criteria have been adhered to.      **\*Signed:** \_\_\_\_\_

**\*Print Name:** \_\_\_\_\_

Only ONE coach per gymnast allowed

**Incorrect or incomplete forms will not be accepted. All sections marked \* must be completed.**

Entry form to be returned with payment to Entry form to be returned with payment to Marie Mitchell 6  
Fineshade Close Barton Seagrave Kettering NN15 6SL

# EAST MIDLANDS GYMNASTICS ASSOCIATION

## WOMENS TECHNICAL COMMITTEE

### COMPETITION RULES 2012

<b>Competition:</b>	<b>Regional Open Age Club Team Challenge</b>
<b>Date:</b>	<b>Sunday 20th May 2012</b>
<b>Venue:</b>	<b>New College, Glenfield Road, Leicester</b>
<b>Entry Deadline</b>	<b>Sunday April 22nd 2012</b>
<b>Age Groups</b>	Junior Team - 10 to 12 years. Senior Team - 13 years and over. Each Team may have a pool of five gymnasts, with four to compete and three to score on each piece. <i>Clubs unable to field a team in either specified age group may field a single team in the Senior competition, gymnasts aged 10-12 may be included in the Senior team.</i>
<b>Path &amp; Entry Criteria</b>	Open Age
<b>Entry Fees</b>	£60 per team including judging fee.
<b>Competition Format</b>	Warm up then compete on each piece of apparatus.
<b>Judging Rules &amp; Apparatus Regulations</b>	Junior teams 10-12 yrs old open age gymnasts – Emga open Level 3 Senior Teams 11yrs and over – East Midlands Challenge  On bars, backaway not performed from handstand will fulfill EGR and be considered an A element at Level 3.
<b>Judging Levels</b>	Minimum of 2 Judges on each piece, one Regional
<b>Awards</b>	Medals will be awarded to the top three teams at each level.

*To be read in conjunction with EMGA WTC General Rules*



**East Midlands Gymnastics Association  
Womens Technical Committee**

Entry Form - **Regional Senior, Junior & Espoire Championships, Age Group Championships  
& Open Age Championships (L2, L3 & Challenge )**

**Sunday 23rd September 2012, New College Leicester, Glenfield Road LE3 6RB**

Name of Club: \_\_\_\_\_

Name of Club Coach: \_\_\_\_\_

Address: \_\_\_\_\_

Post Code \_\_\_\_\_ Tel No. \_\_\_\_\_

E-mail: \_\_\_\_\_

Information regarding the competition will be sent to the above address.

Closing Date for Entries: **Sunday 26<sup>th</sup> August 2012**

Competitions Entered:

Competition	Please Tick	Entry Fee
<b>Junior/Senior Championships</b>		
<b>Age Group Championships</b>		
<b>Open Age Championships</b>		
	<b>Judging Fee</b>	<b>£10</b>
	<b>Total Fee (payable to EMGA)</b>	<b>£</b>

**Clubs MUST provide 1 Judge. Failure to provide judge will result in the entry being refused.**

Judge Name*	Judge BG Number*	Judge Award*

Judging Fee per Club: **£10**

Total fee enclosed £ \_\_\_\_\_ cheque made payable to EMGA.

# EAST MIDLANDS GYMNASTICS ASSOCIATION

## WOMENS TECHNICAL COMMITTEE

### COMPETITION RULES 2012

<b>Competition</b>	<b>Senior, Junior and Espoire Championships (Including Individual Apparatus Finals)</b>
<b>Date</b>	<b>23rd September 2012</b>
<b>Venue</b>	<b>New College Leicester, Glenfield Road LE3 6RB</b>
<b>Entry Deadline</b>	<b>Sunday 26th August 2012</b>
<b>Age Groups</b>	Senior Championships - 15 years and over Junior Championships - 13 and 14 years Espoire Championships – 12 years
<b>Path &amp; Entry Criteria</b>	In Age
<b>Entry Fees</b>	£17.50 per gymnast plus £10 per club judging fee.
<b>Judging Rules &amp; Apparatus Regulations</b>	Seniors - FIG Competition 1 Junior – BG Junior Code Espoire – BG Espoire Code
<b>Competition Format</b>	Full apparatus warm up, short warm up / compete.
<b>Judging Levels</b>	Minimum of 1 Regional Judge on each piece, plus 1 National
<b>Awards</b>	Trophies will be awarded as follows:
<b>Senior</b>	Overall Champion; Best Vault; Best Bars; Best Beam; Best Floor - Harold Davies Trophy Highest Individual Score - The Duflex Shield
<b>Junior</b>	Overall Champion;
<b>Junior, Senior &amp; Espoire</b>	Medals will be awarded to the top three gymnasts overall and on each piece of apparatus in each competition.

*To be read in conjunction with EMGA WTC General Rules*



# **EAST MIDLANDS GYMNASTICS ASSOCIATION**

## **WOMENS TECHNICAL COMMITTEE**

### **COMPETITION RULES 2012**

<b>Competition</b>	<b>Regional Level 5 Age Group Championships</b>
<b>Date</b>	<b>Sunday 23rd September 2012</b>
<b>Venue</b>	<b>New College Leicester, Glenfield Road LE3 6RB</b>
<b>Entry Deadline</b>	<b>Sunday 26th August 2012</b>
<b>Age Groups</b>	<b>8 years</b>
<b>Path &amp; Entry Criteria</b>	<b>Stand alone East Midlands competition</b>
<b>Entry Fees</b>	£10.00 plus £10 per club judging fee.
<b>Judging Rules &amp;</b>	East Midlands rules (See separate sheet)
<b>Apparatus Regulations</b>	See separate sheet with Level 5 regulations
<b>Competition Format</b>	Warm up then compete on each piece of apparatus.
<b>Judging Levels</b>	Minimum of 1 Regional Judges on each piece, plus 1 National
<b>Awards</b>	Medals will be awarded to the top three gymnasts overall.

*To be read in conjunction with EMGA WTC General Rules*

**East Midlands Gymnastics Association  
Womens Technical Committee**

**Entry Form – Regional Level 5 Age Group Championships**

**Sunday 23rd September 2012, New College Leicester, Glenfield Road LE3 6RB**

Name of Club: \_\_\_\_\_

Name of Club Coach: \_\_\_\_\_

Address: \_\_\_\_\_

Post Code \_\_\_\_\_ Tel No. \_\_\_\_\_

Information regarding the competition will be sent to the above address.

Closing Date for Entries: **Sunday 26th August 2012**

Entry Fee: **£10 per gymnast** (entries received after the above date **£30**)

Judging Fee: **£10 per club**

**Details of gymnasts entered:**

Gymnasts Name*	Date of Birth*	Level*	Name of Coach*	Coach BG Number*	Coach Award*
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					

**“When submitting entries for a British Gymnastics event the onus is on the club and coaches to ensure that the coaches attending to the participants are qualified to the level of the participants’ performance”.**

I can confirm that the above criteria have been adhered to. **\*Signed:** \_\_\_\_\_

**\*Print Name:** \_\_\_\_\_

Only ONE coach per gymnast allowed

Cheques to be made payable to East Midlands Gymnastics Association and enclosed with entry.

All gymnasts and their accompanying coaches must be members of the EMGA WTC registration scheme.

**Incorrect or incomplete forms will not be accepted. All sections marked \* must be completed.**

Entry form to be returned with payment to Marie Mitchell 6 Fineshade Close Barton Seagrave  
Kettering NN15 6SL

# EAST MIDLANDS GYMNASTICS ASSOCIATION

## WOMENS TECHNICAL COMMITTEE

### COMPETITION RULES 2012

<b>Competition</b>	<b>Regional Age Group Championships</b>
<b>Date</b>	<b>Sunday 23rd September 2012</b>
<b>Venue</b>	<b>New College Leicester, Glenfield Road LE3 6RB</b>
<b>Entry Deadline</b>	<b>Sunday 26th August 2012</b>
<b>Age Groups</b>	9, 10 and 11 years
<b>Path &amp; Entry Criteria</b>	In Age BGA Age Group Championship Criteria
<b>Entry Fees</b>	£17.50 per gymnast plus £10 per club judging fee.
<b>Judging Rules &amp; Apparatus Regulations</b>	BGA Age Group Championships criteria 9 year olds - Level 4, 10 year olds - Level 3 11 year olds - Level 2
<b>Competition Format</b>	Warm up then compete on each piece of apparatus.
<b>Judging Levels</b>	Minimum of 1 Regional Judges on each piece, plus 1 National
<b>National Final Qualification Criteria</b>	The top four gymnasts at each level will provide the East Midlands team for the National Age Group Finals (provided the WTC scoring criteria is met). All qualifying gymnasts will be required to attend a squad training day in October. Individual entries are allowed from gymnasts achieving the National qualifying score but not finishing in the top four.
<b>Awards</b>	Medals will be awarded to the top three gymnasts overall in each age group. <b><i>The Diana Mohammed Trophies:</i></b> Scores from this competition will be added to Compulsory Level 4, 3 & 2 scores to establish regional champions at 9, 10 and 11 years.

*To be read in conjunction with EMGA WTC General Rules*

**East Midlands Gymnastics Association  
Womens Technical Committee**

**Entry Form - Regional Age Group Championships**

**Sunday 23rd September 2012, New College Leicester, Glenfield Road LE3 6RB**

Name of Club: \_\_\_\_\_

Name of Club Coach: \_\_\_\_\_

Address: \_\_\_\_\_

Post Code \_\_\_\_\_ Tel No. \_\_\_\_\_

Information regarding the competition will be sent to the above address.

Closing Date for Entries: **Sunday 26th August 2012**

Entry Fee: **£17.50 per gymnast (entries received after the above date £46.50)**

Judging Fee: **£10 per club**

**Details of gymnasts entered:**

Gymnasts Name*	Date of Birth*	Level*	Name of Coach*	Coach BG Number*	Coach Award*
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					

**“When submitting entries for a British Gymnastics event the onus is on the club and coaches to ensure that the coaches attending to the participants are qualified to the level of the participants’ performance”.**

I can confirm that the above criteria have been adhered to. **\*Signed:** \_\_\_\_\_

**\*Print Name:** \_\_\_\_\_

Only ONE coach per gymnast allowed

Cheques to be made payable to East Midlands Gymnastics Association and enclosed with entry.

All gymnasts and their accompanying coaches must be members of the EMGA WTC registration scheme.

**Incorrect or incomplete forms will not be accepted. All sections marked \* must be completed.**

Entry form to be returned with payment to Marie Mitchell 6 Fineshade Close Barton Seagrave Kettering NN15 6SL

# EAST MIDLANDS GYMNASTICS ASSOCIATION

## WOMENS TECHNICAL COMMITTEE

### COMPETITION RULES 2012

<b>Competition:</b>	<b>Regional Open Age Championships (L2, L3 &amp; Challenge )</b>
<b>Date:</b>	<b>Sunday 23rd September 2012</b>
<b>Venue:</b>	<b>New College Leicester, Glenfield Road LE3 6RB</b>
<b>Entry Deadline</b>	<b>Friday 26<sup>th</sup> August 2012</b>
<b>Age Groups</b>	Level 3      11/12, and 13+ years (minimum age 11 years) Level 2      12/13, and 14+ years (minimum age 12 years) Challenge    Espoire – 12/13 years Challenge    Junior - 14/15 years Challenge    Senior - 16+ years
<b>Path &amp; Entry Criteria</b>	Open Age, gymnasts must be eligible to compete in Challenge Cup
<b>Entry Fees</b>	£10 per gymnast plus £10 per club judging fee.
<b>Judging Rules &amp;</b>	Regional Open Age Rules, East Midlands Level 3 & 2 Vault height optional East Midlands Espoire Junior & Senior Challenge
<b>Apparatus Regulations</b>	As per FIG
<b>Judging Levels</b>	Minimum of 2 judges on each piece, one regional
<b>Competition Format</b>	Warm Up Compete
<b>Awards</b>	Medals will be awarded to the top 3 overall and on each apparatus in each age group.
<b>Senior/Junior Champs</b>	Gymnasts competing in the Challenge category will be automatically entered into the Junior & Senior Championships. Age 13/14 Junior, Age 15+ Senior. For those entered in the Junior & Senior Championships a separate score will be submitted with a Start Value for Judging Rules.

*To be read in conjunction with EMGA WTC General Rules*



# EAST MIDLANDS GYMNASTICS ASSOCIATION

## WOMENS TECHNICAL COMMITTEE

### COMPETITION RULES 2012

<b>Competition:</b>	<b>Regional Open Age Championships (Level 4)</b>
<b>Date:</b>	<b>Sunday 14th October 2012</b>
<b>Venue:</b>	<b>New College Leicester, Glenfield Road LE3 6RB</b>
<b>Entry Deadline</b>	<b>Sunday 16th September 2012</b>
<b>Age Groups</b>	Competition age groups will be determined on the basis of the profile of entries received and published with the competition advise. The following provisional groupings are based on the 2011 entry profile;  <b>Age 10, 11, 12/13, 14+ years</b> (minimum age 10 years)
<b>Path &amp; Entry Criteria</b>	Open Age
<b>Entry Fees</b>	£10 per gymnast plus £10 per club judging fee.
<b>Judging Rules &amp; Apparatus Regulations</b>	EMGA <b>Open</b> Level 4 Vault height optional, . On bars, backaway performed not from handstand will fulfill EGR & be considered an A element.
<b>Judging Levels</b>	Minimum of 2 judges on each piece, one regional
<b>Competition Format</b>	Warm up then compete on each piece of apparatus.
<b>Awards</b>	Medals will be awarded to the top 3 overall and individual apparatus in each age group.

*To be read in conjunction with EMGA WTC General Rules*

**East Midlands Gymnastics Association  
Womens Technical Committee**

Entry Form - **Regional Open Age Championships (Level 4)**

**Sunday 14th October 2012, New College Leicester, Glenfield Road LE3 6RB**

Name of Club: \_\_\_\_\_  
 Name of Club Coach: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 Post Code \_\_\_\_\_ Tel No. \_\_\_\_\_  
 E-mail: \_\_\_\_\_

Information regarding the competition will be sent to the above address.

Closing Date for Entries: **Sunday 16th September 2012**

Entry Fee: **£10 per gymnast (entries received after the above date £30)**

Judging Fee: **£10 per club**

**Details of gymnasts entered:**

Gymnasts Name*	Date of Birth*	Level*	Name of Coach*	Coach BG Number*	Coach Award*
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					

**“When submitting entries for a British Gymnastics event the onus is on the club and coaches to ensure that the coaches attending to the participants are qualified to the level of the participants’ performance”.**

I can confirm that the above criteria have been adhered to. **\*Signed:** \_\_\_\_\_  
**\*Print Name:** \_\_\_\_\_

Only ONE coach per gymnast allowed

Entry Fees @ **£10** per gymnast £ \_\_\_\_\_  
 Judging Fee **£10** Total Fee enclosed **£** \_\_\_\_\_

\*Nominated Judge: \_\_\_\_\_ \*Judge Level: \_\_\_\_\_

Cheques to be made payable to East Midlands Gymnastics Association and enclosed with entry.  
 All gymnasts and their accompanying coaches must be members of the EMGA WTC registration scheme.

**Incorrect or incomplete forms will not be accepted. All sections marked \* must be completed.**

Entry form to be returned with payment to Marie Mitchell 6 Fineshade Close Barton Seagrave  
 Kettering NN15 6SL

# EAST MIDLANDS GYMNASTICS ASSOCIATION

## WOMENS TECHNICAL COMMITTEE

### COMPETITION RULES 2012

<b>Competition:</b>	<b>Regional Open Age County Team Challenge</b>
<b>Date</b>	<b>Sunday 28<sup>th</sup> October 2012</b>
<b>Venue</b>	<b>New College Leicester, Glenfield Road LE3 6RB</b>
<b>Entry Deadline</b>	<b>Sunday September 30th 2012</b>
<b>Age Groups</b>	Junior 10 -12 years, any 10 year old gymnast must not have competed in Compulsory grade 3 or In age level 3 in 2012 Senior team minimum 11 years Each Team may have a pool of six gymnasts, with five to compete and four to score on each piece.
<b>Path / Entry Criteria</b>	Open Age
<b>Entry Fees</b>	£70 per team
<b>Judging Rules &amp; Apparatus Regulations</b>	Junior Team – Level 3 Senior Team – East Midlands Challenge rules
<b>Competition Format</b>	Warm up then compete on each piece of apparatus.
<b>Judging Levels</b>	<b>Minimum of 2 Judges on each piece. Each county to provide 2 judges, one Regional or above and one Club judge</b>
<b>Awards</b>	A trophy will be awarded to the winning team. Medals will be awarded to the members of the top three teams.
<b>Please Note:</b>	<i>Each county may submit one team in each competition, however should any of the counties not enter a team then a second team may be entered by one of the other counties. This second team will not count in the competition and entries will be accepted on first come basis. Under no circumstance will either competition exceed 5 teams.</i>

*To be read in conjunction with EMGA WTC General Rules*

**East Midlands Gymnastics Association  
Womens Technical Committee**

Entry Form - **Regional Open Age County Team Championships**  
**Sunday 28<sup>th</sup> October 2012, New College Leicester, Glenfield Road LE3 6RB**

Name of County: \_\_\_\_\_  
Name of County Coach: \_\_\_\_\_  
Address \_\_\_\_\_  
Post Code \_\_\_\_\_ Tel No. \_\_\_\_\_  
E-mail: \_\_\_\_\_

Information regarding the competition will be sent to the above address.

Closing Date for Entries: **Sunday 30<sup>th</sup> September 2012**

Entry Fee: **£70.00 per county team** (entries will not be accepted after the closing date)

Judging Fee: **£10 per county**

**Team Details:**

Teams to consist of six gymnasts, with five to compete on each piece and four scores to count.

Gymnasts Name*	Date of Birth Junior Team*	Date of Birth Senior Team*	Name of Coach*	Coach BG Number*	Coach Award*
1					
2					
3					
4					
5					
6					
1					
2					
3					
4					
5					
6					

<b>Team Manager – This must be completed</b>	
Name & Address	
	BG No.

**“When submitting entries for a British Gymnastics event the onus is on the club and coaches to ensure that the coaches attending to the participants are qualified to the level of the participants’ performance”.**

I can confirm that the above criteria have been adhered to. **\*Signed:** \_\_\_\_\_

**\*Print Name:** \_\_\_\_\_

Only ONE coach per gymnast allowed

Entry Fees @ **£70** per team £\_\_\_\_\_ Judging Fee @ **£10** £\_\_\_\_\_ Total Entry £\_\_\_\_\_

\*Nominated Judges \_\_\_\_\_ \*Judge Level \_\_\_\_\_

Cheques to be made payable to East Midlands Gymnastics Association and enclosed with entry.

All gymnasts and their accompanying coaches must be members of the EMGA WTC registration scheme.

**Incorrect or incomplete forms will not be accepted. All sections marked \* must be completed.**

Entry form to be returned with payment to Marie Mitchell 6 Fineshade Close Barton Seagrave  
Kettering NN15 6SL

## **Video Registration**

It is required that anyone wishing to video, film or photograph at British Gymnastics events must pre-register with the Competition Secretary. They will be issued with a pass that is valid for the current year. They must still register at the Video/Photography registration desk at each event where they will be given a label that must be displayed on the pass during the event.

The pre-registration forms are included on the following pages.  
Please photocopy these and distribute to those parents and coaches who require to register.

Also included in this handbook are:

- Guidelines on filling in the application forms.
- Policy Statement
- Notification of Club Officials form

Please ensure that these are made available to those who require them.

Clubs must use the 'Notification of Club Officials' form to notify the Photography Secretary who is able to authorise the applications associated with the club. No applications will be received without this form.

If the nominated club officials are changed during the year, the club must submit a new form to the club secretary informing of this.

There charge for applications is £5 (Cheques payable to East Midlands Gymnastics Association)

Charge for replacement of lost passes is **£10**

28 days must be allowed for applications to be processed. **No applications will be processed at the event**, it is therefore the clubs responsibility to ensure that all parents/coaches are aware of this procedure.

**Note: The club officials are responsible for verifying the authenticity of the applicant which includes the likeness of the photograph and the address on the application matches the documentation supplied by the applicant (Passports are not acceptable as they do not contain address information).**

**No badge – No Video, Film or Photography.**

**Clubs must inform the WTC of the official(s) who are authorised to sign the applications on behalf of the club.**



**British Gymnastics Child Protection Procedures Use of Video, Film or Photography  
at East Midlands Regional Gymnastics Events  
Pre – Registration Application Form (2012)**

The British Gymnastics Child Protection Policy requires that any person wishing to engage in photography, filming or videoing at an event must register their intent with the event organiser.

Please complete the information required & request an Authorised Official of the gymnastics club you are associated with to sign and verify your identity and intentions.

Name of applicant: .....

Address: .....

Post Code: ..... Telephone: (H) .....  
(M) .....

Applicants Role: Parent/Relative to Gymnast  Name of Gymnast .....

(Please tick) Club Representative

Coach

Name of associated club: .....

I ..... declare that the purpose of videoing, filming or photography at **2009 Regional Competitions**, is for coaching or family use and that I will not in any way alter or permit the altering of images taken by me for inappropriate use. I have read the policy statement and agree to abide by its contents. As far as I am aware the information supplied in this application is correct.

I have included the fee of **£5** and a **current passport size photograph** (signed by club official) of myself with this application.

Signature of applicant: ..... Date: .....

I confirm that the applicant is associated with .....(Name of Club)

And I have checked the **applicants name & address** details using the following documentation:

Documentation checked: ..... **(Passport is not acceptable)**

Signature of Club Official ..... Print name .....

Position ..... BG Membership Number ..... Date .....

**Return form with payment of £5 (Cheques payable to East Midlands Gymnastics Association to:  
EMGA Photography, Veronica West, 73 Nottingham Rd Gotham Nottingham NG11 0HE**

**Please allow 28 days for application to be processed.**

Note:

- Individuals must register at the event registration desk at each event with their allocated pass.
- This form with the information contained will be retained by the East Midlands Gymnastics Association for an indefinite period.

**Chairman British Gymnastics WTC: Mrs. L. Fairbrother, East Midlands Gymnastics Assoc WTC: Mr. P. Lipton**

British Gymnastics is the trading name of British Amateur Gymnastics Association Ltd. which comprises the National Gymnastics Associations of Northern Ireland, Scotland, Wales, British Schools and the following English Regions; North of England, North West, Yorkshire & Humberside, West Midlands, East Midlands, Eastern, South West, Southern, South East, London.



# British Gymnastics Child Protection Procedures Use of Video, Film or Photography at East Midlands Regional Gymnastics Events 2012

## Notification of Club Officials

The British Gymnastics Child Protection Policy requires that any person wishing to engage in photography, filming or videoing at an event, must register their intent with the event organiser. (Please refer to British Gymnastics policy statement enclosed for further guidance).

Each club may nominate three officials who are authorised to check and approve applications for a Video/Photography pass from persons associated with their members.

Please use this form to nominate the officials:

(Note: signature is required for each official, officials must hold BG membership)

Name of Club:..... BG Membership No. ....

Head Coach: ..... Signature: .....

Name of official 1: ..... Club Position: .....

BG Membership No. .... Phone: .....

Signature: .....

Name of official 2: ..... Club Position: .....

BG Membership No. .... Phone: .....

Signature: .....

Name of official 3: ..... Club Position: .....

BG Membership No. .... Phone: .....

Signature: .....

**Please return to  
EMGA Photography, Veronica West, 73 Nottingham Rd Gotham Nottingham NG11 0HE**

**Please note: No applications associated with the above club will be processed until this form has been received.**

**Please allow 28 days for applications to be processed.**

**East Midlands Gymnastics Association (Womens Artistic)  
Child Protection Procedures**

**Use of Video, Film or Photography at British Gymnastics Events**

**Guideline on completing Pre-Registration Application Form**

**Who is eligible?**

- **Parents/Relatives of a gymnast associated with the club**
- **Club Coach**
- **Nominated Club Representative**

**Cost of Pass**

- **£5**
- **£10 for replacement of lost passes**

**Procedure**

- **Fill in personal details on application form**
- **Have form authorised by Nominated Club Official (verifying name & address)**
- **Have passport sized photo signed on the reverse by club official (verifying true likeness)**
- **Send form with payment & photograph to Competition Secretary (allowing 28 days for processing)**
- **Pass will be issued for valid applications**
- **Take pass along to registration desk at each event**
- **Label will be issued which must be placed on pass**
- **Pass must be worn at all times at each event**

**Documentation allowed for name & address verification:**

- **Driving Licence**
- **Current Utility Bill (less than 3 months old)**
- **Bank Statement (less than 3 months old)**

**Note: Passports are not acceptable as they do not contain any address details**

**Name & Address must match the name & address on the application form**

**Mail shots are not acceptable forms of documentation for verification**

**East Midlands Gymnastics Association (Womens Artistic)  
Child Protection Procedures**

**Use of Video, Film or Photography at British Gymnastics Events**

**-POLICY STATEMENT-**

(Based on the British Gymnastics Policy Statement)

Forward:

The vast majority of people involved in gymnastics and trampoline activities derive their interest and pleasure from the performances and enjoyment shown by the participants. An East Midlands Gymnastics event by its very nature is in the public arena and when entering for the event, the participant acknowledges this fact which will include the recording of her image since there is already an acceptance that at least professionally approved photographers may take photographs. The East Midlands Gymnastics Association (WTC) does not wish to discourage the use of photographic equipment at events for appropriate use, but we will take all reasonable precautions to protect our members against the possible inappropriate use of films or photographic images. The East Midlands Gymnastics Association (WTC) has therefore introduced procedures, which require all persons wishing to use video or photographic equipment at an East Midlands Gymnastics Association (WTC) event, to apply for permission, prior to the event.

Procedures:

1. Any person wishing to engage in the use of video or photography must pre-register their intentions and present their pass, to the registration desk at the event.
2. Members of the public/parents or members who are associated with a club must complete the form included in the competition handbook (available from the club) and return this to the competition controller for inclusion on the pre-registration list.
3. At the event and following registration and presentation of their pass, a label will be issued. This must be placed on the pass which must be worn during the event as proof of accreditation.
4. Failure to adhere to these criteria will result in the individual being required to remove the photographic equipment from the venue otherwise entry will be refused.
5. If the event organiser or their representative suspects inappropriate photography or filming, they will request the person to leave the venue and to surrender any film relating to the event.
6. The list of registered persons will be retained by the East Midlands Gymnastics Association (WTC) to be confidentially archived, to facilitate any future enquiries by police or social services.
7. The East Midlands Gymnastics Association (WTC) will retain this application form with the information contained for an indefinite period.

**Appendix 1**  
**BG Conditions**  
**For**  
**Photography at Gymnastic Events**  
**by persons other than BG accredited media and commercial photographers**  
**(Full form)**

**In the interests of protecting the welfare of children participating in gymnastics**, photography (of any kind using any form of equipment) at any Gymnastic competition, display or other event run by British Gymnastics or by organisations registered with or affiliated to British Gymnastics is permitted only on the following conditions. The child protection concerns which give rise to a need for regulation on this subject are discussed within the British Gymnastics Child Protection Policy.

**It is a condition of entry to the venue at which the event is being held that you agree to these conditions.** If you are unwilling or unable to agree and comply with these conditions you should not bring any form of camera into the venue at which the event is being held or make any use of any photographic equipment while in any part of the venue.

1. **Photography includes any form of recording** a visual image – still or moving regardless of the type of equipment used and includes the use of video, mobile phones, web-cams or digital imaging. Photo and image mean any form of visual image however recorded.
2. **The Competition Organiser may at any time in his or her absolute discretion, direct that photos shall not be taken** – either generally or by any particular person, at any particular time, of any particular kind, from or of any particular part of the venue, of any particular subject or using any particular equipment.
3. The Competition Organiser may require any person taking photos, or who he believes has been taking photos, to provide their full name and address and to provide evidence of their identity and address.
4. The Competition Organiser may at any time either during or after the event
  - a. require any person to allow and enable the Competition Organiser to view any images recorded; and
  - b. direct that any image which has been recorded shall be permanently deleted.
5. Where images cannot be viewed or deleted (due to being recorded on traditional film or for other reasons including a refusal to permit the images to be viewed or deleted) the Competition Organiser may require that the media or equipment on which the images have been recorded shall be given to the Competition Organiser. Media or Equipment taken by the Competition Organiser in these circumstances may be retained by the Competition Organiser after the event for a period of up to one week to allow the images to be examined and deleted. The cost of collection of the equipment from the Competition Organiser is the responsibility of the person from whom the equipment or media was taken.
6. **Images shall only be taken and used in accordance with the British Gymnastics policies on the “Use of Photographs or Recorded Images”, “Use of Video, Film or Photography at Events” and “Use of Video as an aid to Coaching”** contained in paragraphs 3.4 to 3.6 of the British Gymnastics’ Child Protection Policy as revised in May 2008.
7. **Images recorded shall be used only for personal purposes** and shall not be used, distributed or copied for any commercial purposes other than inclusion, with the permission of the gymnast, on websites or literature of BG registered clubs
8. **Flash or any other form of supplementary lighting shall not be used at any time while gymnasts are warming up or competing.** Photographers are responsible for ensuring that any automatic flash is disabled each time their equipment is turned on. If a flash facility cannot be disabled the equipment must not be used.
9. Where the Competition Organiser believes that a person taking or assisting in the taking of photos is in breach of these conditions he or she may require that person to leave the venue.
10. References in these conditions to the Competition Organiser are to the person appointed to perform this role by the organisation arranging the event and include any person acting under his or her authority. If no one has been expressly identified as such, references to the Competition Organiser are to the person at the venue controlling or coordinating the running of the event on the day.

## Appendix 2

### **BG Conditions for Audience Photography at Gymnastic Events Short Form:**

**In order to protect the welfare of children at the event, photography at this event is permitted only on conditions set by British Gymnastics**

**This is a summary of those conditions. A copy of the full text can be obtained from the Competition Organiser or from the British Gymnastics website [www.british-gymnastics.org](http://www.british-gymnastics.org). If you do not agree to these conditions you may not bring any photo equipment into the venue or take any photos.**

1. 'Photos' includes any form of video or still image including those taken with mobile phones.
2. The Competition Organiser (or a person acting on his or her authority) may require anyone at the event :
  - a. Not to take photos – either generally or in particular circumstances.
  - b. To provide their full name and address and evidence of this
  - c. To let the Competition Organiser view any images recorded and to delete any images.
  - d. To surrender media or equipment on which the images have been recorded if they cannot be viewed (e.g. photos on traditional film), or if they can not be deleted.
3. Photos may only be taken and used in accordance with the British Gymnastics Child Protection Policy.
4. Photos may not be used, distributed or copied for commercial purposes.
5. Flash may not be used at any time while gymnasts are warming up or competing. .

## **2012 Registration for East Midlands Gymnastics Association**

The following fees apply to the registration of Gymnasts, Coaches and Judges.

Gymnasts £5

Coaches £10

Judges No Charge but should be listed on form

Gymnasts must be registered in order to compete in regional competitions (exceptions see Rule 1)

Coaches must be registered in order to enter the competition arena in regional competitions.

Judges must be registered in order to judge at regional competitions.

# ***EAST MIDLANDS GYMNASTICS ASSOCIATION WOMENS TECHNICAL COMMITTEE***

## **2012 Registration**

### **SECTION A - CLUB**

**Club Name:** \_\_\_\_\_

**Head Coach:** \_\_\_\_\_

**Head Coach Details:**

**Address:** \_\_\_\_\_  
\_\_\_\_\_

**Post Code:** \_\_\_\_\_

**Telephone:** \_\_\_\_\_ **Mobile:** \_\_\_\_\_

**Fax No:** \_\_\_\_\_

**E-mail Address:** \_\_\_\_\_

**Summary of fees:**      **No. Coaches**      \_\_\_\_\_ **x £10**      \_\_\_\_\_

**No. Judges**      \_\_\_\_\_ **no fee required**

**No. Gymnasts:**      \_\_\_\_\_ **x £5**      \_\_\_\_\_

**Total Payment:**      £ \_\_\_\_\_

**All forms to be returned with payment to WTC Secretary:**

**Marie Mitchell 6 fineshade close barton seagrave kettering nn15 6sl**

**(Cheques payable to EMGA)**







Name Age/Opee Age	Date of Birth	British Gymnastics Membership Number	In
----------------------	---------------	---	----

_____	_____	_____	
_____	_____	_____	
_____	_____	_____	
_____	_____	_____	
_____	_____	_____	
_____	_____	_____	
_____	_____	_____	
_____	_____	_____	
_____	_____	_____	
_____	_____	_____	
_____	_____	_____	
_____	_____	_____	
_____	_____	_____	
_____	_____	_____	
_____	_____	_____	
_____	_____	_____	
_____	_____	_____	
_____	_____	_____	
_____	_____	_____	
_____	_____	_____	

